

Preschool 1 Program

INTRODUCTION

The Preschool 1 program is designed to allow the children to learn through play. We feel that children learn best when they are provided with environments in which they feel safe and respected by their caregivers. It is our goal to provide children with a positive environment, where they can feel good about themselves and their accomplishments. For many children this is their first school experience and we understand that transitions may be difficult. We will work together with the child and parent to make this a positive and exciting year. In our program, we continuously meet the developmental needs of the children as they develop skills and require new challenges throughout the year. We do not move children based on his/her birthday, we advance children with their developmental age-group.

DEVELOPMENTAL GOALS

GROSS/FINE MOTOR DEVELOPMENT

- Runs with confidence
- Skips
- Jumps up and down
- Feeds self with spoon
- Holds cup and can drink from it
- Stacks 5 to 8 blocks
- Opens door using doorknob
- Uses feet to move riding toys
- Enjoys the process of manipulating an object and materials more than completing the product.

PERCEPTUAL COGNITIVE DEVELOPMENT

- Active and curious about what is going on around them
- Simple classification
- Places 10 objects in a container
- Places 5 pegs in a peg board
- Can follow a moving object such as a ball

SPEECH AND LANGUAGE DEVELOPMENT

- Uses actions and words to express his/her feelings
- Enjoys asking questions
- Follows simple directions
- Speaks 50 to 200 different words
- Refers to own self as "me" or "I"
- Uses some plurals
- Can sing along to songs and enjoys telling stories

- Names familiar objects

SOCIAL/EMOTIONAL DEVELOPMENT

- Seeks independence
- Enjoys playing alone or with other children
- Proud of their accomplishments
- Begins make-believe and role playing games

POLICIES AND PROCEDURES

Arrival/Departure

Please have your child dressed appropriately with a dry diaper and shoes. We prefer no pacifiers in his/her mouth, bottles in hand or toys from home. We realize that sometimes it is easier to coax your child out of the house and into the car with toys. However, this presents a problem when s/he brings the toy into class. Many times, a child gets attached to the toy and will not share, creating a disciplinary problem and a disruption in the class. Furthermore, cubby space is limited and it is difficult to store toys from home.

It's normal for children to have a difficult morning, from time to time; but lengthy good-byes often do more harm than good. Let us know if we can assist with your departure and make it easier for both you and your child. Also, always say good-bye at your child's eye level.

If you need to speak to your child's teachers, feel free to schedule a meeting with the head teacher. It is important that the teachers are involved with the children at all times, including arrival and pick-up. If you would like to speak to the teachers you may call the office and leaving a message or call your child's classroom.

Parking:

Our first priority is your child's safety!

Medical Campus:

Please remember that the fire lane adjacent to the school is for quick 5 minute or less drop off/pick-up. Dominion Tower and UM will tow away unidentified cars that are parked in the fire lane for any extended period of time. Do not park in front of the entrance door as it is unsafe and obstructs the entrance. Please drive slowly as you are going by the school.

Coral Gables Campus:

Please do not park directly in front of the school entrance under the awning. This becomes unsafe when cars are pulling in/out and families are entering the school. Please use the 5 minute parking designated for Canterbury or the 2 spaces directly next to the building. Remember those parking spots are only steps away from the entrance.

DO NOT ALLOW YOUR CHILD TO RUN OUT OF THE SCHOOL AND INTO THE DRIVEWAY. PLEASE MAKE SURE YOUR CHILDREN ARE IN THEIR CAR SEATS/SEAT BELTS AT ALL TIMES WHEN DRIVING TO AND FROM SCHOOL.

Security:

Please make a habit of using your UM card for entry. For insurance and security purposes this is requested. It is difficult for employees to stop working with the children or other parents to open the door. Please be responsible and considerate of others. If you do not have an access card please see an administrator.

Signing in and out:

It is extremely important that you sign your child in and out. In case of an emergency, this is the form of attendance that we use to show your child is present. These sign in/out sheets are dated and should not be removed from the clipboard for any reason. If you need a list of the children in the classroom, please ask the teachers for a list. For the safety of the children **DO NOT LEAVE THE CLASSROOM DOOR OPEN** when you sign your child in and out. No child should ever be in the classroom without a parent or teacher.

Departure time:

When you pick up your child, we ask that you pick up his/her belongings from the cubby and leave promptly. This will minimize the distractions to the other children while they are busy working on their activities. If you are picking up a sibling besides a child in the Preschool 1 class, we ask that you pick up the older child first. Our classroom structure and materials are geared for our children, not younger children and we do not want anyone getting injured in our classroom. If we are on the playground when you come to pick-up your child, please get his/her belongings from the room and then meet him/her on the playground. The sign out sheet will be with the teachers.

Breakfast

Most children arrive at school not already having eaten breakfast. Therefore, we have a breakfast program. Breakfast will be offered until 8:30 am on a daily basis. A weekly snack calendar is sent home, which includes what we are serving for breakfast. The breakfast generally consists of cereal, milk, and fruit or a bagel, cream cheese, and milk.

Outdoor Play and Walks

Outdoor play is a scheduled part of the daily program. Please make sure your child is dressed appropriately for the day's weather conditions and is wearing an appropriate pair of shoes (sneakers). If your child wears sandals or dress shoes to school, please bring a pair of sneakers as well so the teachers can help your child change his/her shoes before going outside. If you would like your child to wear a hat on the playground and on walks, please bring one to school labeled with your child's name. The times and routes for the walks are posted in the classroom. Occasionally we may go on unscheduled walks as well.

Meal Time

- Refrigerator space is limited. We ask that you pack lunches in a labeled lunchbox or bag.
- Please send child size portions.

- Please label utensils and personal food containers to help us assure sanitary conditions. Please send in any utensils needed, forks, spoons and bowls are not supplied. Failure to supply these items will result in a \$0.25 charge per day. Feel free to send in a supply of utensils and bowls to keep in your child's cubby.
- Please do not send in hard food, candies, and gum; they are a choking hazard.
- Some children have food allergies or react poorly to chocolate or high sugar snacks. We ask that you try to avoid putting them in your child's lunch box and replace them with more nutritious alternatives.
- We will provide water for your child at lunch time if he/she does not have 100% juice or milk provided with lunch. No soda is permitted.

Rest time

Young children need a certain amount of "rest time/quiet time" to assure they are not overwhelmed by daily routines. Please provide a cover for the mat and cover for your child. All bedding must be small enough to fit in your child's cubby. A cuddly toy and or a pillow for sleeping if your child needs these to sleep may be brought in. **Please label all bedding.** Classroom toys and pillows may not be used for rest/quiet time. Please take home your child's blanket and sheets every Friday for laundering or as necessary. The length of nap time will be 2 ½-3 hours.

Snack Time

We offer a healthy snack during the day. Snack time is usually scheduled for shortly after nap time. A snack calendar is sent home weekly, with the snacks listed for each day. Snacks usually consist of crackers and cheese, fruits or vegetables and dips. Occasionally due to birthday parties or other circumstances, we may need to alter what we are serving without notice. We will keep in mind the dietary requirements and restrictions when making these changes. The children are encouraged to try the foods provided and are encouraged to clean up when they are finished.

Cubby

Each child is provided with a cubby that has his/her name and picture on it. We have found that providing the children with a picture of themselves makes it easier for them to find their cubbies when putting items away. Please make sure any items you bring from home are **clearly labeled and everything fits inside your child's cubby.**

Clothing

Children are very active and spend long periods of time in school; for that reason dress your child in comfortable, loose clothing. Shoes should be closed in to provide support for walking ability (**no sandals, jelly shoes**). There are many activities that may be messy, so do not dress your child in expensive clothing. Also be sure to have an extra set of clothing in your child's cubby. Be sure to label everything.

Birthdays

Birthday parties are a wonderful experience for a child. A child's self-esteem is developed in celebrating that special day. At Canterbury we love to recognize each one of our children on their special day. Many children are on special dietary requirements or

restrictions. Bringing in lunch for the class causes difficulty for those children who cannot participate. Please ask your child's teachers if there are any children with special food restrictions. If any children have dairy allergies or restrictions Pareve cakes are available at many local grocery stores.

Please obtain a birthday form in advance from the front office. This form will be used to notify the teachers and administration of what items are being brought as well as when the party will be taking place. All parties must receive approval by the administration before they can take place. The times that parties are allowed are at lunchtime (please supply a snack, i.e. cake or cupcakes, ONLY in order to help observe any dietary restrictions of children in the classroom) or at afternoon snack time.

Entertainment may be brought in for the class or school to enjoy. Please arrange this with administration prior to the celebration. Please help us keep this occasion simple but meaningful for your child.

Toileting

Toileting is an important developmental milestone in the Preschool 1 classroom. It is extremely important to remember that each child develops at his/her own rate. We work with each individual child at his/her own pace to develop toward the goal of potty training. We have found that consistency at home and at school is important in reaching this goal.

The toileting schedule in Preschool 1 involves taking the children to the bathroom every 2 hours, and more often when they are beginning in underpants. We have found that it is less frustrating to the children when they **wear loose clothing that they can pull up and down by themselves (shorts).** Please do not dress the children in outfits that have snaps, these are difficult for the children to undo. For the girls, dresses are more comfortable. If your child is not ready for potty training, your child should wear a diaper. **Pull-ups are not acceptable.** This is because it is very difficult to remove all clothing and shoes when diapering several children at a time. We keep track of the children on a "Potty Chart" when they start to show signs of staying dry and having some control over bowel movements.

Please feel free to check your child's progress at the end of the day. We ask that every child have an extra change of clothing including shoes and socks clearly labeled with the child's name in his/her cubby at all times. Please remember to check your child's supply of diapers, soiled clothing, and extra clothes at the end of the day.

Illness

Canterbury is a family and we tend to share everything, including colds. Staying at home at the first sign of illness is important.

Under no circumstances will parents be allowed to bring a sick child to Canterbury. Sick children expose other children, parents, staff, and their families to the spread of their illness. Sick children want care from their parents in the comfort of their own homes. Please read over our exclusion policy and note that once excluded, your child must be out for 24 hours, before he/she will be allowed to return to school. We will not take a doctor's note or have your child return before the 24-hour period. Your cooperation is extremely important to ensure that we will be able to provide all of our children, families and staff with a happy and healthy preschool.

This policy is derived from our years of experience here at Canterbury. A child who is not feeling well is easily frustrated by other children and may hit, bite, and cry more than usual. It is hard on the other children and staff when a child is sick. A sick child requires extra attention, which takes a teacher away from tending to the needs of the other children, making for a stressful, unsafe environment. Therefore, the following illness policies will be strictly enforced, for the health, well being, and safety of all concerned.

Infection Control

Because toddlers are so oral, (putting toys in the mouth, licking objects, putting hands in the mouth, then touching items) germs are easily passed. The staff strives to maintain a sanitary room. Toys, dishes, high chairs, and tables are all washed with hot soapy water and rinsed with a water/bleach solution to keep items sterile. We also ask that you take your child's sheet and blanket home every Friday to be washed. Remember that germs are easily passed with this age group and that daily baths will keep the risk of germs from getting passed around when they get home.

Medication

Canterbury requires that a medication form be filled out for any prescription or non-prescription medication that needs administration. For any medication that needs to be taken multiple times per day, please administer the a.m. dose at home prior to school and the p.m. dose after school. Please check with your doctor about flexibility in administration times as **All students will be given medication after lunch.**

Please make sure that any medications that are to be given to your child comply with the following criteria :

- Any Prescription Medication must be in the original childproof container, clearly labeled with the child's name, physician's name and number, instructions on administration and expiration date.

- If your doctor gives you samples of any drugs to give your child, we need to have a note from the doctor stating that your child is being treated with this medicine. The note must state the name of the medicine, how long the treatment will last and when it needs to be given to the child.

- No oral over-the-counter medicines, (ex., Robitussin, Dimetap, Tylenol, Benadryl, etc.) will be given to the children unless we have a prescription from the doctor stating that he/she has prescribed the medicine to treat your child. If you do not have a prescription from the doctor, it may be faxed to the school (Coral Gables:305-284-1543; Medical: 305-243-2999). Please have it faxed directly to the preschool. If we have not heard from the doctor within **30 minutes of the time the medication is to be given,** we will contact you.

- Topical ointment may be applied if it is in the original tube, clearly labeled with the child's name and the parent fills out the medication form.

- Please do not put any medications in a bottle of formula, milk or juice sent from home. Please do not put any medications in your child's cubby, lunch box or cups. This could endanger any child as accidental ingestion may occur.

Behavior Management

The purpose of discipline is to help children learn ways of behaving that are acceptable to themselves and to others. With very young children, this usually means setting limits for their safety, the safety of others and the safety of property. Young children need to be reassured that the people who care for them will guide and protect them. All behavior has a reason and it is part of our behavior management to find out the cause of the behavior before setting a program to help a child deal with those difficult times.

We understand and agree to the following discipline policy of UM/Canterbury Preschool as required in Section 10M-12.013 of the Florida Department of Children and Families Child Care Standards:

No discipline shall be severe, humiliating, or frightening. No discipline shall be associated with food, rest, or toileting. Spanking and any other form of physical punishment is prohibited.

Teachers facilitate the development of self-control in children by using positive guidance techniques such as modeling and encouraging expected behavior, redirecting children to a more acceptable activity, and setting clear limits for the benefits and safety of all children.

In the event that the unacceptable behavior is not resolved, a child's teacher will call his/her parent(s).

In the event that the unacceptable behavior is not resolved with redirection or parental contact a parent/teacher/director conference will be arranged immediately and enrollment may be terminated at the director's discretion.

Biting

For this age group biting is considered age appropriate behavior. Because younger children often lack language skills to express themselves appropriately, it is not unusual for them to bite another child out of frustration. Bites usually occur on the arms, hands, faces, and backs. When a child bites, s/he will be redirected to another activity and told "no biting, biting hurts." The injured child will be offered comfort and the wounded area cleaned. The parents of both children will be notified of the incident via written report. In the rare instance the bite breaks the skin, parents will be notified by telephone. For the safety and well being of all children, any child who bites another child 2 times in the same day may be asked to leave the school for the remainder of the day. If biting becomes a persistent problem, parents must meet with the Head Teacher and Director to discuss possible options, including counseling or withdrawal from the school.

Accidents

Although it may be unsettling to find a bump, bruise, scrape or bite on your child, there are a few things to keep in mind. First, getting hurt is a normal part of growing up. Children of this age group are especially active throughout the day as they explore their environment. It is also important to keep in mind that although an

injury may have left a mark on your child, it does not mean your child cried or even noticed. Unless it is a serious injury, children usually get up and walk away and continue what they were doing. Whatever mark may be on your child is not necessarily an indication of how much pain s/he may be feeling or the severity of the injury. You will receive accident reports for all injuries that occur and require treatment. Often a phone call will be made to advise the parents of injuries or other situations.

Items from Home

Children will frequently try and bring toys in from home. For this reason, **Fridays are designated as "Show and Tell Day."** Children may bring in one item from home to share with their friends. **This item must be small enough to fit in the child's cubby and must be age appropriate.** Please remember that **only Fridays** are okay to bring in a toy.

Weapons and Rough Play

Research has proven that toy weapons increase aggression and negative interactions. Therefore, no such toys are permitted. Hitting, fighting, biting, and destructive (Ninja/Power Ranger) role-playing is discouraged at all times.

Daily/Weekly Report

A weekly report based on developmental needs is prepared to help staff and parents keep close communication about a child's eating habits, sleeping habits, and developmental progress. Any changes, concerns, or special instructions should be noted on the report. The reports will be accessible on a daily basis so the parent can see what their child has done throughout the day.

Parent Conferences

Conferences are scheduled 3 times during the year. The first conference is a scheduled orientation prior to the child's entrance into a new classroom. It is an opportunity for parents to share information about their child with the teachers. The second conference is mid year. Each child will receive a developmental observation to be discussed at the scheduled meeting. The last meeting is at the end of the year. This is an optional meeting based on the child's progress and needs.

Parental Input

Parents are encouraged to make suggestions and bring up any concerns to the head teacher or the administration. The staff believes that no concern is too small. We genuinely do want parental input. This exchange of information will help create the optimal learning experience for your child

I have read and agree to comply with all of the policies and procedures set forth in the Preschool 1 Class Handbook.

Signature

Date

Signature

Date